

# Year 8 DT/ Food & Nutrition Lesson Information and Schedules

## Autumn Term 2023

### *Important information to keep organized and safe in your practical lessons:*

You must remember:

- Your apron (clean)
- A hair tie if you have long hair
- You must not wear nail varnish or false nails
- Your shoes must be non-slip and preferably not canvas
- If you have an upset tummy or suspect food poisoning or have been sick recently you should not cook- but do let your teacher know in advance.
- You must remember to bring labelled ingredients to your food room first thing in the morning, and store in the correct cupboards/ fridges

Afterwards:

- Collect your food from your food room at the end of p6. If you have an after-school club, you can collect it after it finishes.
- Take your apron and tea towel home and wash them ready for next week.
- Store your food in the fridge at home (unless your teacher tells you otherwise) and eat within 24 hours.
- When re-heating food, make sure it is piping hot (steaming). Only ever reheat food once.

## 8P Schedule

	8P1	8P2	8P3	8P4
Thu 7 <sup>th</sup> Sep	DOT project	DOT project	DOT Project T4	DOT Project T7
Fri 15 <sup>th</sup> Sep	DT	DT	FN: D. Jones T6 Decorated focaccia	FN: E. Goodson T7 Decorated focaccia
Thu 21 <sup>st</sup> Sep	DOT project	DOT project	DOT Project T4	DOT Project
Fri 29 <sup>th</sup> Sep	DT	DT	FN: D. Jones T6 Peach cobbler	FN: E. Goodson T7 Peach cobbler
Thu 5 <sup>th</sup> Oct	TRAINING DAY			
Fri 13 <sup>th</sup> Oct	DT	DT	FN: D. Jones T6 Loaded potato skins	FN: E. Goodson T7 Loaded potato skins
Thu 19 <sup>th</sup> Oct	DOT project	DOT project	DOT Project T4	DOT Project T7
	HALF TERM			

Fri 3 <sup>rd</sup> Nov	DT	DT	FN: D. Jones T6 Coconut and chickpea curry	FN: E. Goodson T7 Coconut and chickpea curry
Thu 9 <sup>th</sup> Nov	DOT project	DOT project	DOT Project T4	DOT Project T7
Fri 17 <sup>th</sup> Nov	DT	DT	FN: D. Jones T6 Chilli con carne	FN: E. Goodson T7 Chilli con carne
Thu 23 <sup>rd</sup> Nov	DOT project	DOT project	DOT Project T4	DOT Project T7
Fri 1 <sup>st</sup> Dec	DT	DT	FN: D. Jones T6 Marble pear tray bake	FN: E. Goodson T7 Marble pear tray bake
Thu 7 <sup>th</sup> Dec	DOT project	DOT project	DOT Project T4	DOT Project T7
Fri 15 <sup>th</sup> Dec	DT	DT	FN: D. Jones T6 TBC	FN: E. Goodson T7 TBC
	WINTER BREAK			
Fri 5 <sup>th</sup> Jan	DT	DT	FN: D. Jones T6 Sizzling stir fry	FN: E. Goodson T7 Sizzling stir fry
Thu 11 <sup>th</sup> Jan	DOT project	DOT project	DOT Project T4	DOT Project T7
Fri 19 <sup>th</sup> Jan	DT	DT	FN: D. Jones T6 Calzone	FN: E. Goodson T7 Calzone
Thu 25 <sup>th</sup> Jan	DOT project	DOT project	DOT Project T4	DOT Project T7
Fri 2 <sup>nd</sup> Feb	DT	DT	FN: D. Jones T6 Fish finger sandwich	FN: E. Goodson T7 Fish finger sandwich
Thu 8 <sup>th</sup> Feb	DOT project	DOT project	DOT Project T4	DOT Project T7
Fri 16 <sup>th</sup> Feb	DT	DT	FN: D. Jones Tuna pasta bake	FN: E. Goodson T7 Tuna pasta bake
	HALF TERM. END OF ROTATION.			

## 8Q Schedule

	8Q1	8Q2	8Q3	8Q4	8Q5
Thu 7 <sup>th</sup> Sep	DOT project	DOT project	DOT project	DOT Project T7	DOT Project T4
Fri 15 <sup>th</sup> Sep	DT	DT	DT	FN: E. Goodson T7 Decorated focaccia	FN: D. Jones T6 Decorated focaccia
Thu 21 <sup>st</sup> Sep	DOT project	DOT project	DOT project	DOT Project	DOT Project T4
Fri 29 <sup>th</sup> Sep	DT	DT		FN: E. Goodson T7 Peach cobbler	FN: D. Jones T6 Peach cobbler
Thu 5 <sup>th</sup> Oct	TRAINING DAY				
Fri 13 <sup>th</sup> Oct	DT	DT	DT	FN: E. Goodson T7 Loaded potato skins	FN: D. Jones T6 Loaded potato skins
Thu 19 <sup>th</sup> Oct	DOT project	DOT project	DOT project	DOT Project T7	DOT Project T4
	HALF TERM				

Fri 3 <sup>rd</sup> Nov	DT	DT	DT	FN: E. Goodson T7 Coconut and chickpea curry	FN: D. Jones T6 Coconut and chickpea curry
Thu 9 <sup>th</sup> Nov	DOT project	DOT project	DOT project	DOT Project T7	DOT Project T4
Fri 17 <sup>th</sup> Nov	DT	DT	DT	FN: E. Goodson T7 Fish finger sandwich	FN: D. Jones T6 Fish finger sandwich
Thu 23 <sup>rd</sup> Nov	DOT project	DOT project	DOT project	DOT Project T7	DOT Project T4
Fri 1 <sup>st</sup> Dec	DT	DT	DT	FN: E. Goodson T7 Marble pear tray bake	FN: D. Jones T6 Marble pear tray bake
Thu 7 <sup>th</sup> Dec	DOT project	DOT project	DOT project	DOT Project T7	DOT Project T4
Fri 15 <sup>th</sup> Dec	DT	DT	DT	FN: E. Goodson T7 TBC	FN: D. Jones T6 TBC
	WINTER BREAK. END OF ROTATION				

## 8S Schedule

	8S1	8S2	8S3	8S4
Fri 8 <sup>th</sup> Sep	DT	DT	FN: J. Berwick T6 Decorated focaccia	FN: E. Goodson T7 Decorated focaccia
Thu 14 <sup>th</sup> Sep	DOT project	DOT project	DOT Project T2	DOT Project T7
Fri 22 <sup>nd</sup> Sep	DT	DT	FN: J. Berwick T6 Peach cobbler	FN: E. Goodson T7 Peach cobbler
Thu 28 <sup>th</sup> Sept	DOT project	DOT project	DOT Project T2	DOT Project
Fri 6 <sup>th</sup> Oct	DT	DT	FN: J. Berwick T6 Loaded potato skins	FN: E. Goodson T7 Loaded potato skins
Thu 12 <sup>th</sup> Oct	DOT project	DOT project	DOT Project T2	DOT Project T7
Fri 20 <sup>th</sup> Oct	DT	DT	FN: J. Berwick T6 Coconut and chickpea curry	FN: E. Goodson T7 Coconut and chickpea curry
	HALF TERM			
Thu 2 <sup>nd</sup> Nov	DOT project	DOT project	DOT Project T2	DOT Project T7
Fri 10 <sup>th</sup> Nov	DT	DT	FN: J. Berwick T6 Chilli con carne	FN: E. Goodson T7 Chilli con carne
Thu 16 <sup>th</sup> Nov	DOT project	DOT project	DOT Project T2	DOT Project T7
Fri 24 <sup>th</sup> Nov	DT	DT	FN: J. Berwick T6 Marble pear tray bake	FN: E. Goodson T7 Marble pear tray bake
Thu 30 <sup>th</sup> Nov	DOT project	DOT project	DOT Project T2	DOT Project T7
Fri 8 <sup>th</sup> Dec	OCCASIONAL DAY			
Thu 14 <sup>th</sup> Dec	DOT project	DOT project	DOT Project T2	DOT Project T7
	WINTER BREAK			

Thu 4 <sup>th</sup> Jan	TRAINING DAY			
Fri 12 <sup>th</sup> Jan	DT	DT	FN: J. Berwick T6 Calzone	FN: E. Goodson T7 Calzone
Thu 18 <sup>th</sup> Jan	DOT project	DOT project	DOT Project T2	DOT Project T7
Fri 26 <sup>th</sup> Jan	DT	DT	FN: J. Berwick T6 Fish finger sandwich	FN: E. Goodson T7 Fish finger sandwich
Thu 1 <sup>st</sup> eb	DOT project	DOT project	DOT Project T2	DOT Project T7
Fri 9 <sup>th</sup> Feb	DT	DT	FN: J. Berwick T6 Tuna pasta bake	FN: E. Goodson T7 Tuna pasta bake
Fri 15 <sup>th</sup> Feb	DOT project	DOT project	DOT Project T2	DOT Project T7
	HALF TERM. END OF ROTATION.			